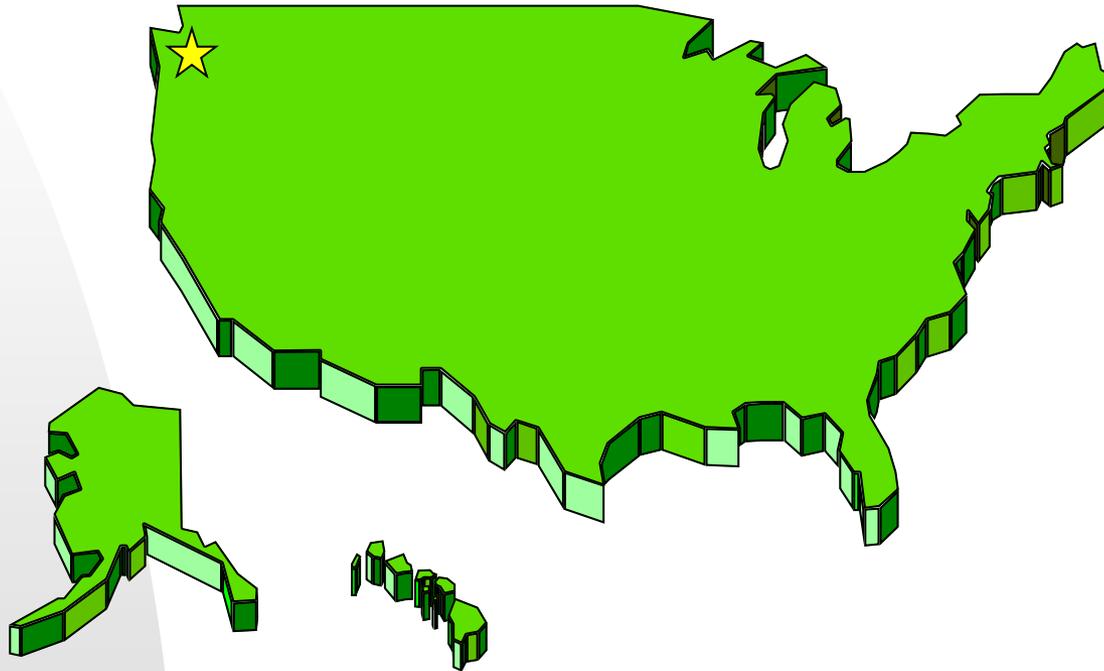




Kitsap County Aging & Long Term Care

Your Local Area Agency on Aging

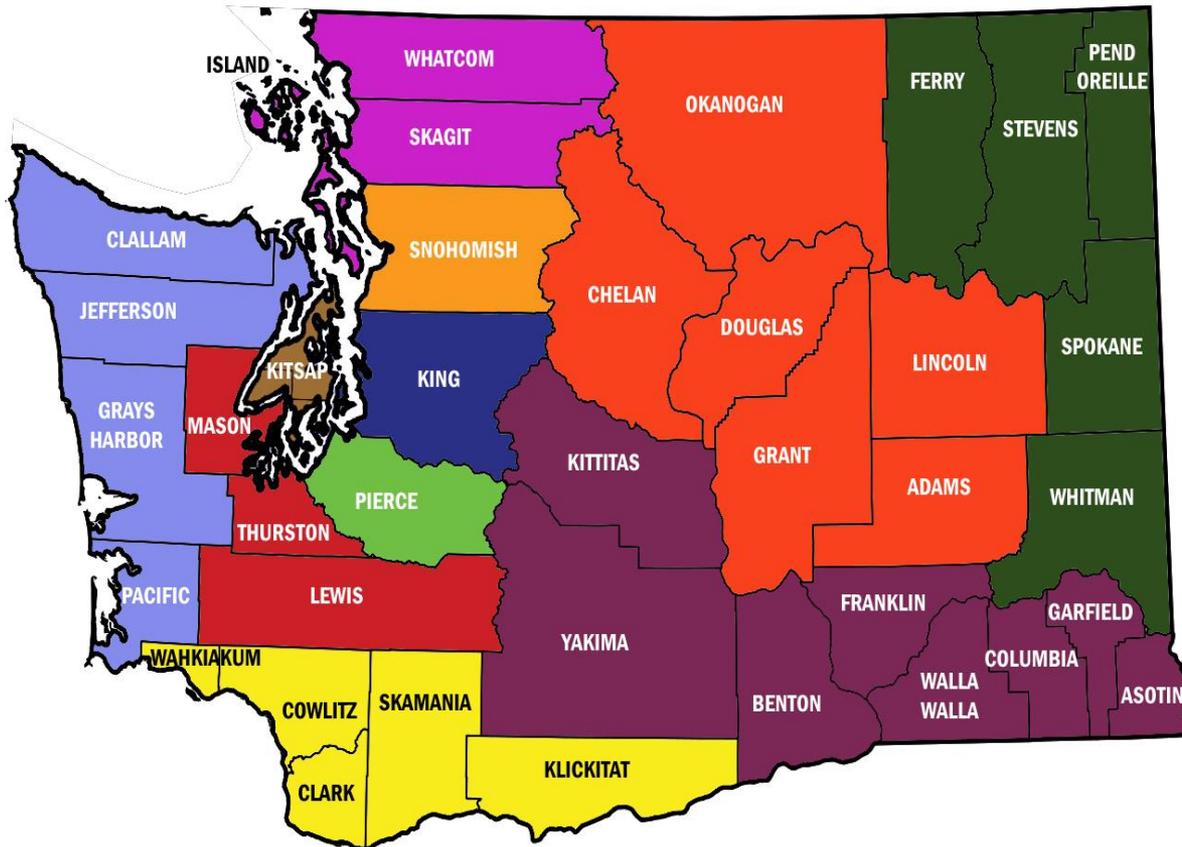


**One of 622 Area Agencies on Aging
in the United States.
13 within the state of Washington**



Kitsap County Aging & Long Term Care

Washington Association of Area Agencies on Aging



	Olympic Area Agency on Aging (PSA #1)
	Northwest Regional Council (PSA #2)
	Snohomish County Aging & Disability Services Division (PSA #3)
	Aging & Disability Services—Seattle-King County (PSA #4)
	Pierce County Aging and Disability Resources (PSA #5)
	Lewis/Mason/Thurston Area Agency on Aging (PSA #6)
	Area Agency on Aging & Disabilities of Southwest WA (PSA #7)
	Aging & Adult Care of Central WA (PSA #8)
	Southeast WA Aging & Long Term Care (PSA #9)
	Yakama Nation Area Agency on Aging (PSA #10)
	Aging & Long Term Care of Eastern WA (PSA #11)
	Colville Indian Area Agency on Aging (PSA #12)
	Kitsap County Division of Aging & Long Term Care (PSA #13)



www.agingwashington.org



Kitsap County Mission

Kitsap County government exists to protect and promote the safety, health and welfare of our citizens in an efficient, accessible and effective manner.

Human Services Department Mission

The Department of Human Services serves the community by providing superior and responsive services to develop, fund, coordinate, and/or deliver essential and effective human services that address individual and community needs, preserve the rights and dignity of those they serve, and promote the health and well-being of all Kitsap area residents.

Aging & Long Term Care Mission

Work independently and through community partnerships to promote the well-being and independence of older adults, adults with disabilities, and caregivers.

Overview of Services to Kitsap County. . .



Information & Assistance
Phone, In-person, Web



Senior Nutrition

- * Home Delivered Meals
- * Community Dining Sites
- * New partners- SVdP, Kitsap Harvest
- * Senior Farmers Market



Caregiver Support



Behavioral Health Services



Kinship Caregiver Support



Legal Assistance



- * In-Home, Long-Term Care Case Management
- * Medicaid Alternative Care & Tailored Supports for Older Adults
- * Veteran Directed Care



Partners in Memory Care Services



Long Term Care Ombudsman



Hospital Care Transitions



Senior Drug Education



Medicare Education & Savings Program
Application Assistance



COVID-19 Response



Senior Information & Assistance



Assist people age 60+ and family/friend caregivers meet their specific needs by providing:

- Information about local programs and services
- Assistance with completing applications for benefits, services, and Medicare savings programs
- Referrals to programs and services
- Consultation with community agencies



No income/asset eligibility required



Family Caregiver Support Program

Plans, coordinates, and provides services and support for adult (age 18+), unpaid caregivers of adults with functional disabilities.

Personalized professional support including:

- case manager support
- information & assistance
- access to training and/or education
- respite care
- limited legal, home delivered meals, counseling, and DME/consumable supplies
- resource library
- monthly e-newsletter





Medicaid *In-Home* Care Case Management

After client is approved for benefits by DSHS, our Case Managers provide:

- ongoing assessments
- care coordination and case management
- payment authorization



for adults (age 18+) with disabilities receiving Medicaid-funded personal care (CFC/COPES/MPC) in their home.

Case Managers for Medicaid *facility-based* care:
DSHS Community Services Office in Bremerton

Please call 1-855-923-4633 for eligibility information

* Income, asset, and functional eligibility requirements

People age 60+ may call Kitsap Aging for prescreening and application assistance



Medicaid Alternative Care (MAC)

Services and support *for unpaid caregivers, of individuals who are age 55+ and living at home* with:

Considerations

- No Co-pay/participation payment
- No estate recovery
- Not all “additional benefits” continue, as in Medicaid Long Term Care
 - Example. Medicaid *insurance* continues. Medicare Savings Program ends- need to qualify separately.

- functional limitations
- *Enrollment in certain* Medicaid services/programs (If enrolled in Medicaid Long Term Care, that program ends)
- Requires an informal caregiver to also participate

Personalized, professional support for the unpaid caregiver increases positive outcomes for both caregiver and care receiver.

MAC benefits include below, within a maximum monthly budget (\$)

- Caregiver Assistance
- Training and Education
- Specialized Medical Equipment & Supplies
- Health Maintenance and Therapies



Tailored Supports for Older Adults (TSOA)

Financial

Eligibility 2023

Care receiver gross
monthly income:

\$2,742 or less.

Assets at or below:

\$53,100 for

individual **or**

\$112,990 for

married household

Considerations

- No Co-pay/participation payment for care
- No estate recovery
- No “additional benefits”

Services and support ***for income/asset eligible person age 55+ and living at home*** with:

- functional limitations
- an unpaid caregiver (family or friend in or out of the home)
- or no caregiver (or no longer able/willing to fulfill caregiver role)

Support for individuals and unpaid caregivers helps individuals live in their homes longer, avoiding or delaying the need for Medicaid-funded long-term care.

TSOA benefits include below, within a maximum monthly budget (\$)

- Caregiver Assistance
- Personal Assistance (individuals without a caregiver)
- Training and Education
- Specialized Medical Equipment & Supplies
- Health Maintenance and Therapies



Hospital Care Transitions

Assists adults discharging home from a hospital

Participation is voluntary, no cost, and
covers up to 6-8 weeks of transition support

This is for patients that are
not dependent on Medicaid
for discharge

Care coordination is provided that promotes recovery and
reduces likelihood of re-hospitalization.

- Meets individuals or their family member(s) in the hospital
- After discharge, meets individuals at their home to create a plan that supports their identified goals
- Discusses community-based services and programs to help maintain health and independence
- Provides information about caregiver support services for family and friends
- Provides application assistance for programs or services of interest





Veteran Directed Care



Program provides Veterans with choice and control over the services to remain independent.

After referral from VAMC to DSHS to Kitsap Aging:

- Care Consultant model
- Veteran decision-making authority for services, supports, and spending plan
- CARE VDC assessment

Considerations

- Referred by VA
- Home care agencies and providers



Please call 1-800-562-2308 for eligibility information.
* Income, asset, and functional eligibility requirements



Kitsap County Division of
Aging & Long Term Care

Nutrition Services

**Meals on Wheels Kitsap
Port Gamble S'Klallam Tribe
St. Vincent De Paul**



Nutrition Assessments & Education
Food, Produce & Essential items

Home delivered meals

- Age 60+ (limited 50-60 age) and **homebound**
No financial eligibility required

Senior Community Meal Sites

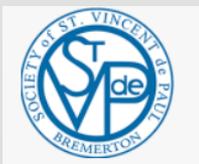
- Age 60+ suggested donation
No financial eligibility required. Reservation required.

Senior Farmers Market Nutrition Program

- Age 60+, or 55+ if Native American or Alaska Native
- Income requirements
- Live in Kitsap county



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PORT GAMBLE S'KLALLAM TRIBE





Senior Legal Services

Legal assistance to older adults (age 60+) in non-criminal proceedings.

Northwest Justice Project

- Durable Power of Attorney
- Health Care Directive
- Medicaid Information
- Tenant's Rights
- Consumer Protection
- Debtor's Rights with collection agencies

No specific income/asset eligibility required. For people with limited ability to pay for services.



Kitsap County Division of
Aging & Long Term Care

Kinship Caregiver Support Program

Eligibility Standards

(Covers July 2022 – June 2023)

HH Size	Gross Monthly
2	\$2,823
3	\$3,551
4	\$4,279
5	\$5,006
6	\$5,734
7	\$6,462

Each additional
Family member \$728.00



Financial assistance and resources for those raising relatives age 18 years and younger.

- May have legal or informal custody
- Not eligible if receiving adoption support funds from DSHS or open Child & Family Services Case

Kitsap Community Resources
1201 Park Ave Bremerton WA 98337
Phone: 360-473-2133



Partners in Memory Care

Free one-time consultation to assist individuals and professional helping an adult (age 18+) with:

- memory issues *and*
- behaviors that are putting them at risk for losing their placement (home or facility-based living)

Mari Van Court MSN-FNP, RN

Memory Screenings

Healthy Aging workshops



* No income or asset limit requirements to access service.



Long-Term Care Ombudsman Program

Volunteer-based program intended to improve the quality of life for people who live in licensed long-term care facilities, including:

- nursing homes
- assisted living facilities
- adult family homes
- state veteran homes (Washington Soldiers Home)



(360) 337-5714 or 1-800-562-6418



COVID-19 Response

Through federal funds provided to the state of Washington, community needs are supported through the following new services:

- ◆ Vaccine Assistance – education
- ◆ Home delivered essential bundles kits of supplies
- ◆ Senior social check-in phone calls
- ◆ Expanded senior nutrition, mental health and legal services
- ◆ Memory Screenings
- ◆ Fall Prevention YMCA: Enhance®Fitness
- ◆ Social Gatherings: YMCA Community Cafes
- ◆ Kitsap Public Health – Age Friendly Initiatives





Kitsap County Division of Aging & Long Term Care

Phone

(360) 337-5700
(800) 562-6418

In-Person (*Temporarily closed*)

1026 Sidney Ave. Suite 105, Port Orchard- Givens Comm Center
19705 Viking Ave NW, Poulsbo- North Kitsap Fishline

Email Inquiries: SeniorInfo@kitsap.gov

Websites

www.agingkitsap.com

Local program & online resource information

www.waclc.org

Online services/resource search- statewide
AAA Office Locator- statewide

